

## Nurturing The Scrotum

- Stand to the side of the right of receiver
- Slide your right hand under him so the flat of your hand is supporting his abdomen.
- Lift him about 2 inches of the table so his and supporting his other hip with your left hand
- Twist your right hand so that the fingers are now pointing to his feet.
- Open your index and second finger and slide one either side of the very base of his cock (where it attaches to his body)
- Continue to support his body but occasionally squeeze the fingers in scissor fashion together to encourage his erection to grow.
- Now with the left-hand reach up to the back of his neck and with your nails gently scratch you way down his spine ( very slowly)
- While doing this squeeze the other fingers encouraging his cock to grow
- let your left-hand scratch slowly over his buttocks and anus then on to perineum to finally cup his balls
- gently scratch /tickle and hold his balls for about a minute
- notice his breathing and any sounds he makes, he may whimper, he may take a deep breath then exhale quite strongly. This is his body letting go.
- If you can while doing this let your body rest/hug him to create a nurturing trusting feeling.
- After about 60 seconds remove both hands and let his body rest again
- Go back to his back muscles and you should notice they are about 40% more relaxed than before.
- After the massage ask him how this particular part felt like, ask him for describing words and you will often hear that they are not erotic words but more bonding, nurturing words such as safe, cared for, initiate, intense.